









## FIRST STEP OFFERS FREE SERVICES TO THOSE IMPACTED BY DOMESTIC VIOLENCE AND SEXUAL ASSAULT

### **SERVICES**

- 24-hour helpline
- 24-hour on-call assault response
- Emergency shelter for individuals, families, and their pets
- Transitional supportive housing
- Counseling, advocacy, and support groups for adults and children
- Support and education for family and friends

- Safety planning
- Criminal Court advocacy
- Personal Protection Order assistance
- Community education and outreach programs
- In-service trainings on domestic violence, sexual assault, and stalking
- Legal, financial, medical, and housing information and referrals

First Step values and is committed to serving survivors of all races, ethnicities, gender identities, sexual orientations, ages, religions, citizenship, and abilities. Domestic and sexual violence impacts anyone.

\*Interpretation services available for non-English speaking survivors

## 24-HOUR HELPLINE: 734-722-6800

Survivors who are Deaf or hard of hearing can connect with First Step by utilizing Michigan Relay and dialing 7-1-1 to call our helpline



FIRSTSTFP-MLORG



**FIRSTSTEPMI** 





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**FIRSTSTEPWAYNECOUNTYMI** 



#### **PLYMOUTH** Administrative & Survivor Services 44567 Pinetree Dr. Plymouth, MI 48170 734.416.1111

#### LINCOLN PARK Survivor Services 1394 Cleophus Pkwy Lincoln Park, MI 48146 By appointment only

**DETROIT Survivor Services** The Block at Cass Park 2727 Second Ave. Ste 304 Detroit, MI 48210 By appointment only







Donate money or gift cards (from grocery stores and gas stations)

Donate items from our Amazon Wish list at bit.ly/fswishlist

Follow our social media for posts of our most needed items

Participate in First Step Events - see firststep-mi.org/events

Collect and donate used cell phones

Host a fundraiser for First Step

Add First Step to your will or life insurance policy

# DOMESTIC VIOLENCE AND SEXUAL ASSAULT STATISTICS

1 in 3 women and 1 in 4 men have experienced some form of physical violence

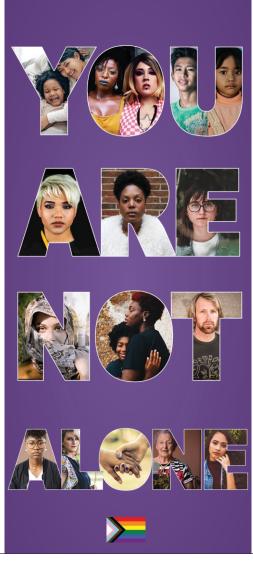
Studies suggest that around half of transgender people and bisexual women will experience sexual violence at some point in their lifetimes

1 in 15 children are exposed to intimate partner violence each year

1 in 5 women and 1 in 12 men have experienced sexual violence in their lifetime

Intimate partner violence accounts for 15% of all violent crime

Above statistics from NCADV Domestic Violence and Sexual Assault Fact Sheets at NCADV.org and The National Coalition of Anti-Violence Projects (NCAVP)



# EACH YEAR, FIRST STEP:

Touches the lives of 8,000 survivors of violence

Provides 12,000 hours of counselling and advocacy for adults and children

Provides 14,000 nights of emergency shelter to survivors of violence and their children

Supports 3,500 survivors in police departments and courts

Provides safety planning and emotional support on 11,500 help line calls

Helps 150 survivors obtain Personal Protection Orders

### COMMUNITY RESPONSE PROGRAM

In over 70% of cities in Wayne County, First Step's Community Response Advocates work in police departments, courthouses, and other community buildings helping those impacted by domestic and sexual violence and stalking. Advocates support survivors with safety planning, better understanding their legal rights, filing police reports, navigating the criminal justice system, obtaining Personal Protection Orders, and providing referrals to other First Step programs and community resources.

Call the 24-hour helpline (734.722.6800) to be connected to an advocate who can best support you. Services are not limited to only those involved in the Criminal Justice System. First Step's collaborations and locations are always expanding. To view the most up-to-date list, visit firststep-mi.org/communityresponse.

