21 IN 22 DIVERSITY & INCLUSION CHALLENGE

The Detroit Bar Association Diversity & Inclusion Committee invite you to participate with us in 21 activities or practices during the 2022 calendar year. To accept the challenge, visit detroitlawyer.org/challenge. You will be invited to participate in virtual meetings where we will check in on our progress and learnings.



1. BLACK HISTORY ACTIVITY Learn about the origins of Black History Month – https://asalh.org/about-us/origins-of-black-history-month/	2. UNDERSTAND EQUITY March is Gender Equality Month – Watch Why Gender Equality is Good for Everyone – Men Included https://youtu.be/7n9IOH0NvyY
3. INCLUSIVE MEETING BEHAVIOR Practice giving your full attention when others are speaking in a meeting. Don't check your cell phone, laptop, etc.	4. TURN ALLYSHIP INTO ACTION Read about allyship in action https://camillestyles.com/wellness/3-questions-to-turn-allyship-into-action/
5. PRACTICE ALLYSHIP If someone is not present, speak up if you see others are drawing incorrect conclusions about the individual.	6. IMPLICIT ASSOCIATION TEST To understand your own unconscious bias, take one or more implicit association test; https://implicit.harvard.edu/implicit/
7. THE POWER OF INCLUSION Watch "Inclusion starts with I" https://youtu.be/2g88Ju6nkcg to understand how inclusion is important to everyone.	8. PRONOUNS MATTER June is LGBT Pride Month. Celebrate by understanding why pronouns matter https://www.mypronouns.org/what-and-why and add your preferred pronouns to your LinkedIn profile
9. HUMANIZE DISAGREEMENT Learn how to talk to people you "really" don't agree with http://t.ted.com/aMrBXZv	10. NORMALIZE CORRECTION Take time to embrace your mistakes: https://www.upworthy.com/4-reasons-to-embrace-your-mistakes-as-told-by-a-wrongologist

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11. EMPATHY VS SYMPATHY Understand the difference between empathy and sympathy by watching https://youtu.be/KZBTYViDPIQ	11. POWER OF STORYTELLING Simply <u>listen</u> to another's experience of exclusion in the legal profession, remembering to use empathy.
13. NAMES MATTER Understand the impact of improperly pronouncing someone's name https://www.bbc.com/worklife/article/20210108-the-signals-we-send-when-weget-names-wrong	14. COFFEE & CONVERSATIONS Schedule a 15-minute coffee chat with someone in your organization you have not previously engaged with socially; consider discussing "Coffee & Conversations: Inclusion and Belonging" by Zenell Brown¹ https://www.amazon.com/Coffee-Conversations-Zenell-Brown-Esq-ebook/dp/B08HX757LQ
15. ABILITY AWARENESS October is disability awareness month. Try to navigate your day without using any stairs. Take note where ramps or elevators are not easily accessible.	16. INCLUSIVE MEETING BEHAVIOR While in a meeting, purposefully solicit feedback from everyone in attendance (i.e. "We haven't heard from James yet. What are your thoughts?")
17. INCLUSIVE LANGUAGE Learn how to use and promote inclusive language in your organization https://blog.hubspot.com/marketing/inclusive-language	18. ELIMINATE RACIST EUPHEMISMS Examine sayings you use to ensure they don't have racist undertones https://bestlifeonline.com/offensive-sayings/
19. AMERICAN HISTORY TRIVIA Test your knowledge of "American" history by taking one of 21 Black History quizzes https://www.proprofs.com/quiz-school/topic/black-history	20. INCLUSION ASSESSMENT Perform an inclusion assessment for your organization; discuss the inclusion assessment with a co-worker.
21. INCLUSIVE HOLIDAYS Learn more about how to make your holiday celetoday/news/hr-magazine/1118/pages/how-to-m	

¹ Full disclosure: This book was written by Diversity & Inclusion Committee Co-Chair Zenell Brown. This addition was proposed by other Committee Members and she humbly agreed to let us share her accomplishment with you.