DETROIT BAR ASSOCIATION **21 IN 21** DIVERSITY & INCLUSION CHALLENGE

The Detroit Bar Association Diversity & Inclusion Committee invite you to participate with us in 21 activities or practices during the 2021 calendar year – about 2 per month. **To accept the challenge, visit detroitlawyer.org/challenge.** You will be invited to participate in quarterly virtual meetings where we will check in on our progress and learnings, starting with our kickoff meeting February 22 @ 4:00 PM

identity differently-abled nationality leadership SUPPORT veteran resources religion everyone values work LGBT matter help vision training mission team car humonize society discuss opportunity neurodiverse ally respect

1. BLACK HISTORY ACTIVITY Learn about the origins of Black History Month – <u>https://asalh.org/about-</u> us/origins-of-black-history-month/

3. INCLUSIVE MEETING BEHAVIOR

2. UNDERSTAND EQUITY March is Gender Equality Month – Watch Why Gender Equality is Good for Everyone – Men Included https://youtu.be/7n9IOH0NvyY

4. TURN ALLYSHIP INTO ACTIONRead about allyship in actionhttps://camillestyles.com/wellness/3-questions-to-turn-allyship-into-action/

6. IMPLICIT ASSOCIATION TEST To understand your own unconscious bias, take one or more implicit association test; https://implicit.harvard.edu/implicit/

8. PRONOUNS MATTER June is LGBT Pride Month. Celebrate by understanding why pronouns matter <u>https://www.mypronouns.org/what-and-</u> why and add your preferred pronouns to your LinkedIn profile

10. NORMALIZE CORRECTION Take time to embrace your mistakes: https://www.upworthy.com/4-reasons-toembrace-your-mistakes-as-told-by-awrongologist

Practice giving your full attention when others are speaking in a meeting. Don't check your cell phone, laptop, etc. 5. PRACTICE ALLYSHIP

If someone is not present, speak up if you see others are drawing incorrect conclusions about the individual.

7. THE POWER OF INCLUSION

Watch "Inclusion starts with I" <u>https://youtu.be/2g88Ju6nkcg</u> to understand how inclusion is important to everyone.

9. HUMANIZE DISAGREEMENT Learn how to talk to people you "really" don't agree with http://t.ted.com/aMrBXZv

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11. EMPATHY VS SYMPATHY Understand the difference between empathy and sympathy by watching <u>https://youtu.be/KZBTYViDPIQ</u>

13. NAMES MATTER

Understand the impact of improperly pronouncing someone's name <u>https://www.bbc.com/worklife/article/2</u> 0210108-the-signals-we-send-when-weget-names-wrong **11. POWER OF STORYTELLING** Simply <u>listen</u> to another's experience of exclusion in the legal profession, remembering to use empathy.

14. COFFEE & CONVERSATIONS Schedule a 15-minute coffee chat with someone in your organization you have not previously engaged with socially; consider discussing "Coffee & Conversations: Inclusion and Belonging" by Zenell Brown¹ https://www.amazon.com/Coffee-Conversations-Zenell-Brown-Esqebook/dp/B08HX757LQ

15. ABILITY AWARENESS

October is disability awareness month. Try to navigate your day without using any stairs. Take note where ramps or elevators are not easily accessible.

17. INCLUSIVE LANGUAGE

Learn how to use and promote inclusive language in your organization <u>https://blog.hubspot.com/marketing/incl</u> <u>usive-language</u>

19. AMERICAN HISTORY TRIVIA Test your knowledge of "American" history by taking one of 21 Black History quizzes <u>https://www.proprofs.com/quiz-</u> <u>school/topic/black-history</u> **16. INCLUSIVE MEETING BEHAVIOR** While in a meeting, purposefully solicit feedback from everyone in attendance (i.e. "We haven't heard from James yet. What are your thoughts?")

18. ELIMINATE RACIST EUPHEMISMS Examine sayings you use to ensure they don't have racist undertones <u>https://bestlifeonline.com/offensive-</u> <u>sayings/</u>

20. INCLUSION ASSESSMENT Perform an inclusion assessment for your organization; discuss the inclusion assessment with a co-worker.

21. INCLUSIVE HOLIDAYS

Learn more about how to make your holiday celebrations more inclusive <u>https://www.shrm.org/hr-today/news/hr-magazine/1118/pages/how-to-make-holiday-celebrations-more-inclusive.aspx</u>

¹ Full disclosure: This book was written by Diversity & Inclusion Committee Co-Chair Zenell Brown. This addition was proposed by other Committee Members and she humbly agreed to let us share her accomplishment with you.